



Gymnastics Code of Conduct

- All gymnasts must arrive 10 mins before the training session (You should know well in advance if you are going to be late and inform the coach.)
- All gymnasts need to respect coaches, judges, and their decisions.
- All gymnasts need to respect fellow club members.
- Gymnasts need to respect the building(s) and other members of the public using the facilities.
- Always train with a positive attitude and try your hardest.
- Listen carefully to the coaches and follow instructions.
- Gymnasts must wear suitable clothing for training and events as agreed with the coach. Keep all long hair tied back, and no jewellery to be worn.
- We encourage gymnasts to consume only healthy snacks and drinks while taking part in sessions.
- Gymnasts should treat all equipment with respect, and only use it when told to do so by their coach.
- Gymnasts must inform their coach of any injuries or illness they may have before the warm-up begins.
- Gymnasts must not use offensive language or name call.
- Gymnasts should not bully or try to force others to do or say things they do not want to. Please bring to the attention of the welfare officer or coach.
- Gymnasts should remain with coaches at the end of a session until collected by their parent or guardian.
- Children must wait at the sports hall reception for collection.
- Gymnasts should turn off mobile phones during training.